

High Country West

Rancho Bernardo, California

Neighborhood News - OCTOBER 2014

Club Hours

Open Monday thru Sunday 8 AM to 10:00 PM

Pool/Showers/bath close 30 min (Spa 15 min) before closing
See Calendar for Activity Hrs

Club Manager: Mike Lutz

Club Office: (858)451-0725

Fax: (858)683-0316

E-mail: manager@highcountrywest.com

Web Site: www.highcountrywest.com

Address: 16003 Turtleback Rd

Director's Corner:



Replacing Turf with Plants and Trees

With the availability of rebates from the City & County of San Diego, it is encouraging to notice that many Homeowners are taking advantage of the financial benefit these programs offer. It is also an opportunity for Homeowners to reduce water usage and save themselves some money.

The Association is also taking advantage of these rebates by replacing turf with drought tolerant plants and trees in the area along Bernardo Center Drive just north of Cloudcrest. By taking advantage of the same City and County rebates, the conversion will be done with minimal cost to the Association, and we will benefit with long-term water expense savings.

Board Meetings

The Monthly Board Meetings are open Meetings and Residents' are always welcome to attend. The Board discusses general Associations business matters and shares information with members. You are always welcome to visit us on the 2nd Wednesday of each month whenever you have a little time to spare. We begin our meetings at 6:30 PM. Your interest is appreciated. (Individual personal/financial issues are usually addressed during a separate, private Executive Session).

Reminders

25 Miles/Hour

Please remember that the posted, vehicle speed limit in our neighborhood is 25 mph. It goes without saying that many Residents and their children who walk for exercise or walk to school could be in danger of being hit by your speeding vehicle. The almost daily reports in newspapers and news media feature articles which prove this to be true. We cannot afford to have our residents endangered or hospitalized due to the carelessness of a few speeding vehicles.

Renters & Tenants

It is the responsibility of each Homeowner who rents or leases their property to tenants, to inform them of the Association's rules and regulations. Don't forget! The Homeowner should inform the occupant(s) to register at the Club in order to gain entrance.

What's Up?



Pickleball is a new sport hitting the clubs.

We are taking a survey to see if there is any interest to set this up in the HCW club. The portable net would be set up as needed on the basketball court. We would take reservations for both the pickleball and basketball as we now do for tennis and racquetball. Just send us an email for your support or opposition to adding this sport at manager@highcountrywest.com

The George Cooke Team GET THE BIG PICTURE



(858) 674-1222 | George@GeorgeCooke.com
www.GeorgeCooke.com

Architectural Corner:

October is the time we generally think "fire season in San Diego". Inspecting your property is a must. Clean up dead debris. Don't keep stacked boards, firewood, or other items that can catch fire near the sides of the home.

Refer to our County's web site for fire information at www.sandiegocounty.gov. Look under the "Fire Authority" department from the web site. Information on fire prevention for San Diego residents is covered.

Refer to the calendar page for information concerning smoke and carbon monoxide alarms inside the home.

www.readysandiego.org, this web page is a must see for all San Diego residents.

Access "AlertSanDiego" from this site to register cell phone numbers and emails for emergency notifications from the City/County. The site explains how this type of notification works.

Upcoming Architectural meetings are Oct 14th and 28th. Exterior applications must be turned in to the office by the Friday before a meeting (even if you are attending) to be included in the review schedule. Call the office to confirm meeting date if you will be attending.

Also make 3 copies of your plans when you turn in the paperwork.

Please Note:

The summary of the HCW audited financials is on the back page of the calendar. If you want the full report, just call or email to manager@highcountrywest.com



Trees are a big plus for a home and for the community. Consider the addition of a tree to help beautify your property. Spotlight tree for this month is the bronze loquat *Eriobotrya deflexa*, fast growing and easily trained. New leaves emerge bright copper before turning green. Bunches of creamy white flowers in spring. Easy to plant and care for. Requires well-drained soil. Always read more information about a tree we spotlight for possible use and to determine if the size at maturity will fit in your yard location. An exterior request form must be processed prior to planting a tree.

HCW Board of Directors:

President:

Don Bertsch

Vice President:

Deborah Fleck

Treasurer:

Larry Gach

Secretary:

Igor Levin

Directors:

Gary Long

Board Email: directors@highcountrywest.com

Next Board Mtg:

October 8, 6:30 PM. A regular board meeting that will include expense/reserve approvals.

Neighborhood Watch continued:

In addition, studies of injuries and deaths caused by earthquakes in the U.S. over the last several decades indicate that you are much more likely to be injured by falling or flying objects (TVs, lamps, glass, bookcases, etc.) than to die in a collapsed building. *Drop, Cover, and Hold On* offers the best overall level of protection in most situations.

As with anything, practice makes perfect. To be ready to protect yourself immediately when the ground begins to shake, practice Drop, Cover, and Hold On as children do in school at least once each year.

What NOT to do:

DO NOT get in a doorway! An early earthquake photo is a collapsed adobe home with the door frame as the only standing part. From this came our belief that a doorway is the safest place to be during an earthquake. In modern houses and buildings, doorways are no safer, and they do not protect you from flying or falling objects. Get under a table instead!

DO NOT run outside! Trying to run in an earthquake is dangerous, as the ground is moving and you can easily fall or be injured by debris or glass. Running outside is especially dangerous, as glass, bricks, or other building components may be falling. You are much safer to stay inside and get under a table.

DO NOT believe the so-called "triangle of life"! In recent years, an e-mail has circulated which has recommends potentially life threatening actions, and the source has been discredited by leading experts.

It's All About Neighbors Helping Neighbors Live Safe and Secure

GREAT SOUTHERN CALIFORNIA SHAKEOUT
October 16, 2014
10:16AM

We encourage you to participate in a Shakeout drill on October 16, in your Block, workplace, home, or school. At least review and discuss the recommended procedures with your family.

Earthquake Emergency Procedures

Federal, state, and local emergency management experts and other official preparedness organizations all agree that "Drop, Cover, and Hold On" is the appropriate action to reduce injury and death during earthquakes. The ShakeOut is our opportunity to practice how to protect ourselves during earthquakes. This page explains what to do-- and what not to do.



www.dropcoverholdon.org

PROTECT YOURSELF. SPREAD THE WORD.

Official rescue teams who have been dispatched to the scene of earthquakes and other disasters around the world continue to advocate use of the internationally recognized "Drop, Cover and Hold On" protocol to protect lives during earthquakes:

- **DROP** to the ground (before the earthquake drops you!),
- Take **COVER** by getting under a sturdy desk or table, and
- **HOLD ON** to it until the shaking stops.

If there isn't a table or desk near you, drop to the ground in an inside corner of the building and cover your head and neck with your hands and arms. Do not try to run to another room just to get under a table. These are general guidelines for most situations. Depending on where you are (in bed, driving, in a theater, etc.), you might take other actions, as described in *Recommended Earthquake Safety Actions*. The main point is to not try to move but to **immediately** protect yourself as best as possible where you are. Earthquakes occur without any warning and may be so violent that you cannot run or crawl; you therefore will most likely be knocked to the ground where you happen to be. You will never know if the initial jolt will turn out to be start of the big one. You should Drop, Cover, and Hold On immediately!

Continued on this page: