

# High Country West

16003 Turtleback Rd. Rancho Bernardo (858) 451-0725 [www.highcountrywest.com](http://www.highcountrywest.com)

## November 2025 newsletter

**CLUB HOURS: Monday - Saturday 8:00am to 9:00pm, Sunday 8:00am - 6:00pm.**

The restrooms close 15 minutes prior to club close. Court lights turn off at closing time.

Club hours are subject to change. Club Manager: Wayne Blum, [manager@highcountrywest.com](mailto:manager@highcountrywest.com)



### President's Message

Kimberly Plumb, Board President

With our recent warm weather, it's hard to believe the year keeps inching closer to a close: November is here! We "fall back" with Daylight Savings Time on November 2nd this year, gaining an hour of daylight in the winter mornings to help start the day.

Our winter hours begin this month: the club will close at 9pm Monday-Saturday and at 6pm on Sundays. With the sun setting by 5pm, please be extra cautious on evening drives. It's wonderful to see so many neighbors out walking, jogging, biking, and enjoying the community - let's help keep everyone safe by driving slowly and attentively through the neighborhood. (And please remind your teenage drivers, too!)

November is a month we especially focus on gratitude. Writer Melody Beattie reflected, "Gratitude turns what we have into enough, and more." I am grateful for so many things, and this beautiful place we call home is one of them! Wishing you each a wonderful month and a Happy Thanksgiving!

**Join our November Board of Directors Meeting Wednesday, November 19 at 6:30pm at the club. The agenda will be posted several days before the meeting on the website and on the bulletin board.**



Veterans Day (originally known as Armistice Day) is a federal holiday in the United States observed annually on November 11, for honoring military veterans of the United States Armed Forces. It coincides with other holidays including Armistice Day and Remembrance Day which are commemorated in other countries that mark the anniversary of the end of World War I. Major hostilities of World War I were formally ended at the 11th hour of the 11th day of the 11th month of 1918 when the Armistice with Germany went into effect.



**Thanksgiving Week Special Club Hours**  
**Wednesday November 26 - 8am - 6pm**  
**Thursday November 27 CLOSED all day**



**Tennis Court #1 will be closed for repairs Wednesday November 5 > Friday November 7**



**FALL & WINTER CLUB USE FOR KIDS & GUESTS**



**CLUB WINTER HOURS**  
**STARTING NOVEMBER 1**  
**Monday - Saturday 8am - 9pm**  
**SUNDAY 8am - 6pm**

- Kids must be 14 yrs. old & strong swimmers to swim without adult supervision
- Kids must be 10 yrs. to come to the club house alone to use play areas
- Parents are responsible for their kids and guests while they are at the club.
- Please make sure your kids and guests know the rules before they come.

# High Country West November 2025



## Happy Thanksgiving



Thanksgiving is a federal holiday in the United States celebrated on the fourth Thursday of November. It originated as a day of thanksgiving and harvest festival, with the theme of the holiday revolving around giving thanks and the centerpiece of Thanksgiving celebrations remaining a Thanksgiving dinner. The dinner traditionally consists of foods and dishes indigenous to the Americas, namely turkey, potatoes (usually mashed or sweet), squash, corn (maize), green beans, cranberries (typically in sauce form), and pumpkin pie.

November is the 11th month of the year in the Gregorian calendar. Its length is 30 days.

The name "November" comes from the Latin word "novem," which means nine. November was the ninth month of the calendar of Romulus c. 750 BC. November retained its name when January and February were added to the Roman calendar. November has two birthstones: Topaz and Citrine. The flower of November is the chrysanthemum, symbolizing optimism and joy.



It's fall... we are thinking about holiday events. Watch the next newsletter and flyers at the club for information on the annual Holiday Lighting and Reindeer Contests.



We are planning to host a toy drive this year in conjunction with Toys for Tots.



### Architectural Committee: Keep Your Yard Weed-Free: Why Regular Maintenance Matters

Weeds may seem like a minor nuisance, but left unchecked, they can quickly take over your yard - especially in areas covered with decorative stones, bark, or mulch. These materials, while great for aesthetics and moisture retention, can also create ideal hiding spots for invasive plants.

#### Why It's Important to Pull Weeds Regularly:

- \* **Prevent Spread:** Weeds compete with your plants for nutrients, water, & sunlight. Pulling them early stops them from spreading seeds & multiplying.
- \* **Protect Your Investment:** Landscaping materials like bark and stone aren't cheap. Weeds can undermine their effectiveness & appearance.
- \* **Discourage Pests:** Overgrown weeds can attract insects and rodents, creating potential problems for your home and neighbors.
- \* **Maintain Curb Appeal:** A tidy yard reflects pride in your home and contributes to the overall beauty of the neighborhood.

#### Tips for Weed Control in Stone, Bark, and Mulch Areas:

- \* **Inspect Weekly:** Walk your yard once a week and pull any visible weeds by hand. It's easier when the soil is moist.
- \* **Use a Weeding Tool:** For stubborn roots, a handheld weeder can help you dig deep without disturbing your landscaping.
- \* **Refresh Mulch Annually:** A fresh layer of mulch helps block sunlight from reaching weed seeds.
- \* **Consider Landscape Fabric:** Underneath stones or bark, landscape fabric can act as a barrier to weed growth.
- \* **Dispose Properly:** Don't leave pulled weeds on the ground - they can re-root or spread seeds. Bag and discard them.

Let's all do our part to keep our yards - and our community - looking clean and cared for. A little effort each week goes a long way!



**Fall Back Nov 2 @2am**



November 2025  
November 1  
November 30

SUNRISE  
7:05 am  
6:31 am

SUNSET  
5:58 pm  
4:43 pm

**Full Moon**  
**Nov 5**

**\* Daylight Saving Time ends on Sunday, November 2, 2025 at 2:00 am**

*High Country West, 16003 Turtleback Rd, San Diego, CA 92127*