High Country West

Rancho Bernardo, California

NEIGHBORHOOD NEWS - MARCH 2014

Club Hours

Open Monday thru Saturday 8 AM to 9:30 PM & Sunday 8 AM to 6 PM.

Pool/Showers/bath close 30 min (Spa 15 min) before closing

See Calendar for Activity Hrs

Club Manager: **Mike Lutz**
Club Office: **(858)451-0725**
Fax: **(858)683-0316**
E-mail: **manager@highcountrywest.com**
Web Site: **www.highcountrywest.com**
Address: **16003 Turtleback Rd**

Director's Corner:

Responsibilities of Residents in an Association

One of the responsibilities of a Home Owners Association Management is to make information available to its members. This is done by having Board meetings open to members and by publishing a monthly Newsletter. A web site is also available to provide additional information. However, it is the homeowner's responsibility to seek information about their association. This can be done by attending Board meetings, reading the Newsletters and keeping in contact with their Neighborhood Watch Block Captain.

To continue to run effectively and efficiently the Board needs homeowners' participation and cooperation. Each resident owes it to himself/herself and to their neighbors to be informed and to get involved in Associations matters.

Resident's Column

For those residents who cannot take an active role on the Board or on one of the committees, we have created a Resident's Corner in this Monthly News Letter for you to share your knowledge with other residents. Please submit your input to the Manager Mike Lutz. Of course if there is no material submitted, the space will remain BLANK.

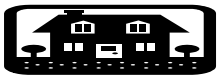
Courtesy Notices

HCW is a planned community which is governed by CC&R's. Every month members of the Architectural Committee, Board of Directors and various residents walk through the neighborhood and look at residents' violation of the community rules. These violations trigger Courtesy Notices which are mailed by the Architectural Committee to residents as a reminder that their yards need to be maintained, and/or they need to remove toys, trash cans and other items left or stored in the front yard, their fences need repair, and/or the trim on their house needs painting, etc. Residents who receive a Courtesy Notice are asked to comply with the rules of the community. Those who ignore the Notices will receive a follow-up call or letter from the Board with the request to appear at a hearing during a next monthly Board of Directors meeting.

What's Up?

Just a reminder that we have a backboard on the basketball court for kids to play handball. This can also be used by tennis players to practice ground strokes.

Architectural Corner:



Numerous articles on conserving water and ways to cut back on water usage by converting to drought tolerant plantings are all over the media lately. If you are considering removing a portion of the yard or converting an entire yard area to drought tolerant plantings & hardscape type elements such as decorative rock, river beds, boulders, etc. we encourage you to speak with a landscaping professional. They can convert your irrigation to drip and help with plant selections and layouts to get the best possible look for your money. Keep in mind, drought tolerant does not mean you will not have to water. This type of vegetation must be watered on a regular basis when first installed until plants are established, usually 2 years, sometimes 3. Also during the hot summer months these plants will need to be watered. When planning, remember the yard will need living vegetation and decorative type materials used to accent the plants and areas. Check the prices of stones, boulders, pavers, etc. to evaluate the cost before you begin. The planning part does take time to put it all together- PLEASE DO NOT KILL the grass yard off until you have your plan approved from arch. No one wants to see a dead lawn for weeks on end; while you are in planning stages trying to figure out what to do. Stop by an arch meeting anytime to discuss further, we would be glad to help.

*Need to replace your tired, old grass with some new grass? Look into Marathon type grass for possible use. This is drought tolerant grass that has done well in San Diego. See a nursery for more information.

The next meetings for Architectural are Feb-25, Mar-11 & 25, @ 6:30 PM at the clubhouse. Forms are due in to the office the Friday prior to a meeting.

HCW Board of Directors:

President:
Don Bertsch
Vice President:
Deborah Fleck
Treasurer:
Igor Levin
Secretary:
Larry Gach
Directors:
Gary Long

Board Email: **directors@highcountrywest.com**

Next Board Mtg:
March 19, 6:30 PM. A regular board meeting that will include committee reports and some expense approvals. And discussion on the update to the facility use policy. The meeting agenda will be posted at the club entrance on the bulletin board.

Board Meeting Notice:

Next meeting will be one week later than normal on Wednesday March 19 at 6:30 PM

Resident's Corner:

We still find dog fecal on resident and association lawns. As a courtesy to your neighbors and health reasons please pick up after your dag.

Neighborhood Watch Continued:

Thanks to Ray Zall, PMHS Class of '54

Call Police To Report Incidents: In the event you see suspicious activity in the neighborhood, call the police at **858-484-3154 first**, before you call your Block Captain or the Club. The sooner the police know about an incident, the sooner they can respond. Of course, call 911 for emergencies or crime in progress.

Submitted by Les Armstrong, NHW

Neighborhood Watch Neighbors Helping Neighbors – Living Safe and Secure

Get In The RBNHW Loop For Current Information On Safety And Security: RB Neighborhood Watch is going through a time of self-evaluation and taking a fresh look at the way we provide safety and security to residents in Rancho Bernardo. One of the tools we will be using in the future for communication is www.Nextdoor.com. You will be able to receive alerts and resources concerning safety and security in High Country West (HCW). You will also be able to communicate with those who are in your neighborhood and within the RBNHW community using the Nextdoor.com website. Members of the HCW Nextdoor.com community will be restricted to addresses within HCW.

Many of you have already signed up. Please invite your friends and neighbors in HCW to join. We will be able to get information on SAFETY AND SECURITY out more quickly through this Network but folks need to sign up to receive it. It will be most effective if we all sign up. You can restrict access to your profile information and the categories of information you want to receive. It is a completely encrypted secure network. Sign up now. We will continue to distribute NHW information through our Block Captain network until most of our residents have adjusted to Nextdoor.com.

New CPR Technique Proves Successful: You never know when you will see someone collapse suddenly.

Here is an easier and better method of CPR that anyone, kids included, can do. No more mouth to mouth! Just 100 compressions per minute.

Share this video with your entire family and all your friends.

It might save someone else's life or your own.

This video was made by the doctors who invented the procedure at the University of Arizona Sarver Heart Center. You should want all your friends and family to watch this - in case you need their help!

Go to this link: http://heart.arizona.edu/cpr-video

Thanks to Ray Zall, PMHS Class of '54

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