

High Country West

16003 Turtleback Rd. Rancho Bernardo (858) 451-0725 www.highcountrywest.com

August 2026 newsletter

CLUB HOURS: Monday - Saturday 8:00am to 10:00pm, Sunday 8:00am - 8:00pm.

The restrooms close 15 minutes prior to club close. Court lights turn off at closing time.

Club hours are subject to change. Club Manager: Wayne Blum, manager@highcountrywest.com



President's Message

Kimberly Plumb, Board President

As we enjoy another beautiful August in San Diego, I hope you're finding time to relax, spend time with family and friends, and appreciate everything that makes our community such a wonderful place to call home.

On behalf of the Board, I'd like to extend our sincere gratitude to **Dan Herrera** for his many years of dedicated service, including serving as both Vice President and President. We'd also like to thank **Erik Sanders** for his time and commitment to the Board. We truly appreciate the countless hours both of them have volunteered to help our community.

I'd also like to thank all of the candidates who were willing to serve and every homeowner who participated in this year's Board election. An engaged community is a strong community, and your involvement is greatly appreciated.

Finally, please join me in welcoming our newest Board members, **James Lucero** and **Dan Haslam**. We look forward to working together as we continue to maintain and improve our neighborhood.

Wishing you all a safe, fun, and relaxing remainder of the summer!

Join Our August Board of Directors Meeting Wednesday, August 12 at 6:30pm at the club.
The agenda will be posted several days before the meeting on the website and on the bulletin board.

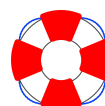
Lifeguard Hours

August 1-12 - Every Day

Mon-Fri 12pm - 7pm, Sat/Sun - 11am - 7pm

August 13-31 - Weekends only

Friday 3pm-7pm, Sat/Sun - 11am - 7pm



Grunion Run 2026

Catch the spectacular California Grunion Run right here on San Diego beaches this August! Grunion are small, silvery fish famous for their unique mating ritual: they ride the waves onto wide, sandy shores late at night to spawn in the sand. August marks the final weeks of the season, offering a prime opportunity to witness this mesmerizing natural event with your family. Peak viewing windows occur late at night (usually between 10 PM and 1 AM) following the full and new moons from August

12-15 and August 28-30. Watching the run is completely free, but if you plan to catch them, remember it must be done with bare hands only, a 30-fish limit applies, and anyone 16 or older needs a valid California sport fishing license. More information available at www.wildlife.ca.gov/Fishing/Ocean/Grunion.



CATCH THE GRUNION RUN: AUGUST OPPORTUNITY!

1 WHAT ARE GRUNION?



- Unique silvery fish
- Famous for spawning on beaches
- Leave the water to lay eggs in sand

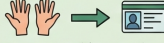
2 AUGUST DATES & PEAK TIMES



Peak Activity:
10:00 PM - 1:00 AM

Occurs after full/new moons

3 THE RULES (Observe or Catch)

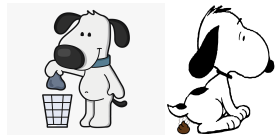


- No gear needed (bare hands only)
- 30-fish limit per person
- CA Sport Fishing License required (16+)
- Must be watching/actively fishing

A UNIQUE SAN DIEGO NATURAL PHENOMENON!

High Country West August 2026

PET REMINDER > DOG OWNERS Please be courteous and pick up after your dog



City of San Diego - Get It Done



Get It Done

The best way to interact with the City of San Diego is by using the Get it Done app or using their website

www.sandiego.gov/get-it-done

Fun facts about August

In the Northern Hemisphere, August is the last month of summer. In the Southern Hemisphere, August is the last month of winter. August is named after Augustus Caesar, the first Roman emperor.

August has 31 days. The birthstones for August are peridot and sardonyx. The zodiac signs for August are Leo (July 23 – August 22) and Virgo (August 23 – September 22). Saturday, August 1 is National Play Outside Day. National Watermelon Day is celebrated on the 3rd, National Pickleball Day is the 8th, National Lazy Day is on August 10th, and National Roller Coaster Day is on August 16th.

Architectural Committee: Maintaining a Weed-Free Yard

As a homeowner, you take great pride in your property, and a well-maintained yard is a reflection of that pride. However, one common issue that can detract from the beauty of your outdoor space is the presence of weeds. For those with rock yards, keeping weeds at bay can be a challenge, but with the right strategies, you can maintain a weed-free and stunning landscape.

~ Install a sturdy barrier beneath the rocks. Landscape fabric or weed-blocking membranes are excellent options to create a physical barrier that prevents weed seeds from taking root. Ensure the barrier covers the entire area of the rock yard and cut openings for plants.

~ Regular maintenance is key to a weed-free yard. Routinely inspect your rock yard, especially around the edges and gaps, for any signs of weeds attempting to invade.

~ Regularly pulling out any emerging weeds is far easier than dealing with an overgrown mess later. If you encounter persistent weed growth, opt for natural weed killers to spot-treat the problem areas. Vinegar, boiling water, or a mixture of salt and water can be effective in killing weeds without harming surrounding plants or the environment. Always apply these treatments with caution and in small quantities.

With these essential tips, you can take proactive measures to keep your rock yard free of weeds & maintain a beautiful, weed-free landscape and be well on your way to enjoying a stunning yard that enhances the overall appeal of your home.



August 2026
August 1
August 31

SUNRISE
6:02 am
6:22 am



SUNSET
7:46 pm
7:14 pm



Full Moon
Aug 27

High Country West, 16003 Turtleback Rd, San Diego, CA 92127